



Puppy Potty Training Log

A three-day tool for finding patterns and planning successful potty trips

Start here

Use one sheet each day for three consecutive days. Record events as they happen. The goal is to discover when your puppy usually needs to eliminate so you can take your puppy outside before an accident occurs.

How to use the log

- Record meals, water, waking, naps, play, training, crate time, exciting events, and every outdoor potty trip.
- If your puppy urinates or has a bowel movement, note the result and whether you rewarded immediately.
- Record indoor accidents without scolding. Include the time, location, and activity that happened just before the accident.
- At the end of each day, review the log and identify the most common times and triggers.

Reward the right moment

Reward immediately after your puppy finishes outside. Waiting until you return indoors can make the lesson less clear.

When to contact your veterinarian

Seek veterinary guidance for straining, blood, discomfort, excessive thirst, unusually frequent urination, diarrhea, or a sudden change in a previously trained dog.

Puppy information

Puppy name _____	Age _____	Start date _____
Usual meal times _____	Usual bedtime _____	Primary potty area _____

Ready for a complete plan?

The Potty Training Made Simple online course explains how to build a schedule, prevent accidents, manage household freedom, and reward success. Visit www.gooddognow.com.



Puppy Potty Training Log Day 1

Record events as they happen; brief notes are enough

Date _____		Puppy name _____		Wake-up time _____		Bedtime _____	
Time	What happened before	Potty trip location	Result	Rewarded	Accident location or notes		
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
Successful outdoor trips _____		Indoor accidents _____		Longest accident-free period _____		Most common trigger or time _____	



Puppy Potty Training Log Day 2

Record events as they happen; brief notes are enough

Date _____		Puppy name _____		Wake-up time _____		Bedtime _____	
Time	What happened before	Potty trip location	Result	Rewarded	Accident location or notes		
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
Successful outdoor trips _____		Indoor accidents _____		Longest accident-free period _____		Most common trigger or time _____	



Puppy Potty Training Log Day 3

Record events as they happen; brief notes are enough

Date _____		Puppy name _____		Wake-up time _____		Bedtime _____	
Time	What happened before	Potty trip location	Result	Rewarded	Accident location or notes		
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
	Meal / water / nap / play / crate / training		Urine / bowel / none	Yes / No			
Successful outdoor trips _____		Indoor accidents _____		Longest accident-free period _____		Most common trigger or time _____	